

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Catholic Charities of the Archdiocese of St. Paul and Minneapolis

Goal: Support, encourage and assist women in carrying their pregnancies to term and caring for their babies after birth (caring for a baby after birth could also include making an adoption plan)

For the period: April through June 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Complete evaluation requirements		Completed. Evaluation was submitted.	
Car Seat Program	Provide certified car seat instruction and testing; provide car seats to Positive Alternative clients	20	Provided car seat instruction to 7 women and 2 partners. Provided 7 Positive Alternative funded car seats. Clients are provided car seats through their insurance but education is not required. See 'challenges and comments' section.	9
Case Management Services	Provide pregnant clients on-going support in office, home or telephone follow-up; provide education, classes and support groups; Provide home visit support to newly delivered mothers, babies and fathers	400	Case management contacts declined as clients began to be transferred to another clinic. See 'challenges and comments' section.	392

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Crib Distribution/ Sleep Safety Education	Distribute cribs from Cradle of Hope and provide safe sleep education to those recipients as well as other clients	25	Provided safe sleep information for 18 women. Distributed 2 pack and plays from Cradle of Hope. Cradle of Hope ran out of pack and plays in May and will not have more until July. See the 'challenges and comments' section.	18
Fatherhood Program	Include fathers as part of pregnancy support services; Provide support groups for fathers.	75	22 fathers participated in services 35 times in the last quarter. As client appointments decline, so do opportunities to include fathers in services. See the 'challenges and comments' section.	35
Financial Assistance	Assist women with applying to other agencies for medical assistance, financial assistance, and food support	40	Client numbers continued to decline due to the planned closing of the clinic. 12 women were assisted specifically with Medical Assistance. 10 clients were directly assisted to access other agencies for doula support, energy assistance, WIC appointments, food support, and other items. See the 'challenges and comments' section.	22
Interpreter	Provide interpretation for prenatal and postpartum clinic visits, ultrasound visits, and case management appointments in six languages	85	12 clients required the use of interpreters this quarter for a total of 16 appointments. Languages included Amharic, Hmong, Spanish, and Mandarin. 10 of the 16 visits were interpreted by staff and outside interpreters were utilized in only 6 visit this quarter. See the 'challenges and comments' section.	16
Material Support	Provide baby clothes, diapers, layettes and donated equipment	30	Provided 10 clients with items such as baby clothes, maternity clothes, diapers, baby equipment, and layettes in multiple appointments. See the 'challenges and comments' section.	10

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Mental Health	Screen women and provide access to Mental Health care	20	Screening remains an important service although the numbers of women seen continue to decline. See the 'challenges and comments' section.	13
Nutrition	Provide prenatal vitamins, folic acid, assistance with prescriptions, and food	30	Fewer new clients were accepted this quarter as the decision to close the clinic was made mid-quarter. See the 'challenges and comments' section.	13
Parenting Education	Provide Newborn care and Breastfeeding classes to mothers and their partners; provide education on post-partum depression	30	This topic is covered during the 36 week visit and in both CBE and Newborn Care classes. As women further along in their pregnancy transfer to new clinics they will receive this education elsewhere. See the 'challenges and comments' section.	18
Pregnancy Education	Provide certified Child Birth Educator (CBE) to teach/facilitate class to expecting mothers and fathers; Provide education on fetal development and healthy pregnancy behaviors	30	Provided CBE to 7 women. Through educational materials / nutrition videos, provided education on fetal development and healthy pregnancy behaviors to 18 women. Childbirth education classes were discontinued as clinic closing plans progressed. See the 'challenges and comments' section.	25
Pregnancy Testing	Provide pregnancy tests	12	Requests for pregnancy tests continue to decrease each quarter. See the 'challenges and comments' section.	6
Prenatal Medical Care	Provide prenatal medical and nursing care for pregnant women including lab work, exams, information and education	340	The number of prenatal appointments declines with decreasing client numbers. Our certified nurse midwives provided care in about 88% of these visits. See the 'challenges and comments' section.	306

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services		As the decision to close the clinic at the end of this quarter was made, no new clients were accepted. See the 'challenges and comments' section.	0
	Assist women in accessing healthcare by providing taxi or bus vouchers to/from appointments	10	Assisted 1 women with 1 cab ride to/from clinic appointments this quarter. See 'challenges and comments' section.	1
Ultrasound	Provide ultrasound services to pregnant women	60	The number of ultrasounds provided at the clinic declined as new clients were not accepted and existing clients were transferred to new clinics. See 'challenges and comments' section.	35

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	7
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	18
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	18
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	18

Challenges: The clinic is closing as of August 5, 2016. No new clients are being accepted. Existing clients are being transferred to another provider.

Comments: As the numbers of clients and deliveries have declined over the past few years due to the Affordable Care Act (ACA) the agency has made the decision to close this program. The announcement was made at the end of May and new patients were no longer accepted at that point in time. The clinic will close August 5, 2016 and all clients who have not delivered prior to that date will be transferred to another medical provider. The agency will not be renewing the Positive Alternatives grant.